

## Musher's Gear

In 2012, Brent Sass won Rookie of the Year at the Iditarod, one of the planet's most extreme competitions. The dog musher, who's run almost a dozen 1,000-mile races, knows the right gear can mean the difference between life and death. These are the items he deems worthy of going on his sled [1].

Did you ever wonder what mushers bring on a 1,000 mile long sled dog race across Alaska and the Yukon Territory, through some of the harshest conditions of winter? Here are some ideas [2].

It can become really cold on the Quest trail. Here is an example (and video) showing the layers [3] mushers put on (and take off) for the race.

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**Source URL:** <https://www.distlearn.ca/yukonquest/content/mushers-gear>

### Links

[1] <http://www.outsideonline.com/1921731/gear-you-need-race-itarod>

[2] <http://www.distlearn.ca/yukonquest/sites/default/files/files/yukon-quest-mushing-gear.pdf>

[3] <https://www.distlearn.ca/yukonquest/content/dress-layers-0>